

Boots

There are so many different styles of boots these days. For summer alpine climbing in Norway a general walking boot / alpine boot is appropriate. Often Alpine boots are good to climb in but can be uncomfortable over distance while general walking boots are good for walking but less good for climbing.



The white dashed circle outlines the appropriate boots for this course. If in doubt please take contact / send picture of your boots. They should be able to take a walking / mountaineering crampon.